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# Gailey Canoe Club



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## Changing Room Guidance

There are no specific legal requirements regarding the use of changing facilities; this guidance document is therefore intended to provide practical guidance to support individuals, clubs and centres to develop procedures which will fit their specific environment.

There are no rules stipulating under 18s and adults of the same gender should not share changing facilities; however, the following guidance should be considered.

- Gender specific changing rooms are available.
- Any changing room concerns should be addressed to a member of the Club Committee or a Welfare Officer.
- Parents of U18s should be aware that the Changing Rooms are for mixed age group use.
- Mobile phones, cameras or any other recording devices **must not** be used in changing rooms at any time.
- Parents of U18s should be allowed to supervise their child (of the same gender) whilst in the changing room.
- Children under the age of 8 can change, when accompanied by their parent, in the changing room of the opposite gender.
- Parents will be able to request to accompany their child in the changing rooms. Also, committee members may ask parents if they think it necessary.

Remember, not everyone (adult or child), will be comfortable using group changing facilities. No pressure should ever be put on someone using the facilities and the option to change at home or for an individual to find an alternative provision should always be made available.